



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

October 2026

				1	2	3
				9:30-Daily Chronicle 10:00-Finish The Phrase 11:00-Zumba 1:30-Hand Massages 2:30-Snack Time 3:00-Manicures 4:00-Spelling Bee 6:30-BINGO	9:30- Daily Chronicle 10:00-Riddle Me This 11:00-Exercise w/ Music 1:30 Shabbat /Abrams 1:30-Craft Corner 2:30-Snack Time 3:00-Rummikub 4:00-Alexa Plays Music	9:30- Daily Chronicle 10:00-Match The Slogan 11:00-Stretch and Move 1:30-Cards 2:30-Snack Time 3:00-Board Games 4:00-Afternoon Wrap Up Simchat Torah Begins
4	5	6	7	8	9	10
9:30- Daily Chronicle 10:00-Word in a Word 11:00-Move and Groove 1:30-Creative Coloring 2:30-Snack Time 3:00-Daily Trivia 4:00-Afternoon Wrap Up National Vodka Day	9:30-Daily Chronicle 10:00- Brain Teasers 11:00-Stretch and Move 1:30-Craft Corner 2:30-Snack Time 3:00-Family Feud 4:00-Alexa Plays The Eagles	9:30-Daily Chronicle 10:00- Cranium Crunches 11:00-Zumba 1:30-Card Games w/Joe 2:00-Ray V Sings 2:30-Snack Time 3:00-Hangman 6:30-BINGO National German /American Day	9:30- Daily Chronicle 10:00-Brain Busters 11:00- Moving And Grooving 1:30-Movie Matinee 2:30- Snack Time 4:00-Afternoon Trivia 6:30 -BINGO Chocolate Covered Pretzel Day	9:30-Daily Chronicle 10:00-White Board Games 11:00-Jane Fonda Exercise 1:30-Hand Massages 2:30-Snack Time 3:00-Manicures 4:00-Famous Couples 6:30-BINGO National Fluffernutter Day	9:30- Daily Chronicle 10:00-12 Letter Words 11:00-Sweating To The Oldies 1:30 Shabbat /Abrams 1:30-Craft Corner 2:30-Snack Time 3:00-Apples to Apples 4:00-Alexa Plays Music	9:30- Daily Chronicle 10:00-Guess The Word 11:00-Zumba 1:30-Jeopardy 2:30-Snack Time 3:00-Jewelry Time 4:00-Alexa Plays Music World Mental Health Day!
11	12	13	14	15	16	17
9:30- Daily Chronicle 10:00-Exercise with Music 11:00-12 Letter Words 1:30- Name that Tune 2:30-Snack Time 3:00-Funniest Home Videos 4:00-Afternoon Wrap Up	9:30-Daily Chronicle 10:00-Guess The Word 11:00-Moving to Music 1:30-Who What and Where 2:30-Snack Time 3:00- What Vowel is Missing 4:00-Afternoon Wrap Up Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	9:30-Daily Chronicle 10:00- 25 Words or Less 11:00-Roll The Dice Exercise 1:30-Card Games w/Joe 2:30-Snack Time 3:00-Jeopardy 4:00-Alexa Plays Frank 6:30-BINGO Its The Navy's Birthday	9:30- Daily Chronicle 10:00-Word in a Word 11:00- Easy Yoga 1:30-Brian Frank Sings 2:30- Snack Time 4:00-Dominoes 6:30 -BINGO National Stop Bullying Day	9:30-Daily Chronicle 10:00-A to Z Word Game 11:00-Roll The Dice Exercise 1:30-Hand Massages 2:30-Snack Time 3:00-Manicures 4:00-Famous TV Slogans 6:30-BINGO I Love Lucy Day	9:30- Daily Chronicle 10:00-What Vowel is Missing 11:00-Exercise w/ Music 1:30 Shabbat /Abrams 1:30-Craft Corner 2:30-Snack Time 3:00-Pictionary 4:00-Alexa Plays Elvis	9:30- Daily Chronicle 10:00-12 Letter Words 11:00-Exercise w/ Music 1:30-Creative Coloring 2:30-Snack Time 3:00-Baloon Volleyball 4:00-Afternoon Wrap Up National Pasta Day!
18	19	20	21	22	23	24
9:30- Daily Chronicle 10:00-Exercise 11:00-Brain Teasers 1:30- Who Said That? 2:30-Snack Time 3:00-Residents Choice 4:00-Afternoon Wrap Up National Chocolate Cupcake Day	9:30-Daily Chronicle 10:00- Unscramble the Word 11:00-Exercise with Music 1:30-Craft Corner 2:30-Snack Time 3:00-Quizzes and Questions 4:00-Alexa Plays Music	9:30-Daily Chronicle 10:00- Word Crunches 11:00- Exercise 1:30-Card Games w/Joe 2:30-Snack Time 3:00-Who Said That 4:00-Afternoon Wrap Up 6:30-BINGO	9:30- Daily Chronicle 10:00-Name 10 Things 11:00- Easy Yoga 1:30-Movie Matinee 2:30- Snack Time 4:00-Afternoon Trivia 6:30 -BINGO Have an Apple Day	9:30-Daily Chronicle 10:00-Unscramble The Word 11:00-Sweating To The Oldies 1:30-Hand Massages 2:30-Snack Time 3:00-Manicures 4:00-Alexa Plays Soft Rock 6:30-BINGO Make A Dogs Day !	9:30- Daily Chronicle 10:00-Riddle Me This 11:00-Jane Fonda Work Out 1:30 Shabbat /Abrams 1:30-Craft Corner 2:30-Snack Time 3:00-Poker 4:00-Alexa Plays Music	9:30- Daily Chronicle 10:00-Brain Boosters 11:00-Exercise 1:30-Craft Corner 2:30-Snack Time 3:00-Rummikub 4:00-Alexa Plays Music
25	26	27	28	29	30	31
9:30- Daily Chronicle 10:00-Easy Yoga 11:00-White Board Games 1:30- Famous Pairs 2:30-Snack Time 3:00- UNO 4:00-Afternoon Wrap Up	9:30-Daily Chronicle 10:00- 12 Letter Words 11:00-Jump and Shout Exercise 1:30-Trivia 2:30-Snack Time 3:00-Twist it Word Game 4:00-Alexa Plays Music National Pumpkin Day !	9:30-Daily Chronicle 10:00- Word in a Word 11:00- Yoga 1:30-Food Committee 2:00- Resident Council 2:30-Snack Time 3:00-Ken Johnstone Sings 4:00-Afternoon Wrap Up 6:30-BINGO	9:30- Daily Chronicle 10:00-Brain Busters 11:00- Zumba 1:30-Movie Matinee 2:30- Snack Time 4:00-Finish The Phrase 6:30 -BINGO National Chocolate Day	9:30-Daily Chronicle 10:00-White Board Games 11:00- Exercise w/ Music 1:30-Hand Massages 2:30-Snack Time 3:00-Manicures 4:00-Afternoon Wrap Up 6:30-BINGO	9:30- Daily Chronicle 10:00-Cranium Crunches 11:00-Exercise w/ Music 1:30 Shabbat /Abrams 1:30-Craft Corner 2:30-Snack Time 3:00- LRC 4:00-Alexa Plays Music Candy Corn Day!	9:30- Daily Chronicle 10:00-Halloween Trivia 11:00-Monster Mash Work Out 1:30-Craft Corner/Pumpkins 2:30-Snack Time 3:00-Resident's Choice 4:00-Alexa Plays Music HAPPY HALLOWEEN! Halloween

ALL ACTIVITIES ARE SUBJECT TO CHANGE