

Greenwood House Menu Week 1

	Sunday, May 2, 2021	Monday, May 3, 2021	Tuesday, May 4, 2021	Wednesday, May 5, 2021	Thursday, May 6, 2021	Friday, May 7, 2021	Saturday, May 8, 2021
Breakfast House Selection - Individualized Based on Resident Preferences	Orange or Banana - 1 Orange Juice - 4 oz Cereal: Cold - 1 ea or Oatmeal- 6 oz Hard Cooked Egg - 1 Toast - 1 sl w/Margarine/Jelly - 1 ea Milk - 8 oz Coffee - 8 oz	Orange or Banana - 1 Orange Juice - 4 oz Cereal: Cold - 1 ea\Cream of Wheat 6oz Scrambled Egg - ¼ c Toast - 1 sl w/Margarine/Jelly - 1 ea Milk - 8 oz Coffee - 8 oz	Orange or Banana - 1 Orange Juice - 4 oz Cereal: Cold - 1 ea or Oatmeal- 6 oz Hard Cooked Egg - 1 Toast - 1 sl w/Margarine/Jelly - 1 ea Milk - 8 oz Coffee - 8 oz	Orange or Banana - 1 Orange Juice - 4 oz Cereal: Cold - 1 ea\Cream of Wheat 6oz Scrambled Egg - ¼ c Toast - 1 sl w/Margarine/Jelly - 1 ea Milk - 8 oz Coffee - 8 oz	Orange or Banana - 1 Orange Juice - 4 oz Cereal: Cold - 1 ea or Oatmeal- 6 oz Hard Cooked Egg - 1 Toast - 1 sl w/Margarine/Jelly - 1 ea Milk - 8 oz Coffee - 8 oz	Orange or Banana - 1 Orange Juice - 4 oz Cereal: Cold - 1 ea\Cream of Wheat 6oz Scrambled Egg - ¼ c Toast - 1 sl w/Margarine/Jelly - 1 ea Milk - 8 oz Coffee - 8 oz	Orange or Banana - 1 Orange Juice - 4 oz Cereal: Cold - 1 ea or Oatmeal- 6 oz Scrambled Egg - ¼ c Toast - 1 sl w/Margarine/Jelly - 1 ea Milk - 8 oz Coffee - 8 oz
Lunch House Selection	Tossed Salad - 1 cup Dressing - 2 oz Turkey Veg. Soup - 6 oz Beef Stew -6oz Capri Blend Vegetables - ½ c Herbed egg noodles - ½ c Roll/Margarine - 1 ea Pound Cake - 1 slice Tea - 8 oz	Lentil Soup - 6 oz Chicken Brushetta - 4 oz Green Beans - ½ c Angel Hair Pasta - ½ c Bread/margarine - 1 each Blue Berry Pie - 1ea Tea - 8 oz	Spring Mix Salad - 1 c Dressing - 2 oz Chicken and Rice Soup- 6 oz Sloppy Joe - 3 oz Over Bun - 1 Tater Tots - ½ c Broccoli Florets- ½ c Margarine - 1 each Pineapple Tidbits - ½ c Tea - 8 oz	Veg barley Soup - 6 oz Corned beef and cabbage - 4 oz Carrots - ½ c red potato - ½ c Bread/margarine - 1 each Cherry Turnover - 1 ea Tea - 8 oz	Tossed Salad - 1 c Dressing -2 oz Chicken Vegetable Soup - 6 oz Meatloaf - 4 oz Gravy - 2 oz Roasted diced potatoes - ½ c roasted brussel sprout 1/2c Roll/Margarine - 1 each Mimosa Fruit Salad - ½ c Tea - 8 oz	Lima Bean Soup----- 6 oz Pasta w/ Roasted Vegetables in A Cream Sauce - 6 oz Bread Stick - 1 each Margarine - 1 each Ice Box Cake - 1 sl Milk- 8 oz Coffee - 8 oz	Matzo Ball Soup - 6 oz Beef Brisket - 4 oz Oven Baked Potatoes - ½ c Green Beans - ½ c Challah Roll/Margarine - 1 ea Orange Sections - ½ c Tea - 8 oz
Alternate 1	Stuffed cabbage - 6 oz Capri Blend Vegetables - ½ c	Hot Dog on Bun- 1 ea Baked beans - ½ c Sauerkraut - ½ c	Chicken Salad Platter - 1/ 2 c Lettuce and Tomato - 2 sl Bow Tie Pasta Salad - ½ c Roll/Margarine - 1 each	Greenwood House Steak Sandwich 3 oz/ 1 roll Onion/Peppers - ½ c Green Bean - ½ c	Chicken Tenders - 3 each Roasted diced Potatoes ½ c	Pizza - 1 Slice Applesauce - ½ c Cucumber Tomato Salad - ½ c c	Apricot Glazed Chicken - 4 oz Oven Baked Potatoes - ½ c Green Beans - ½ c
Dinner House Selection	Minestrone Soup - 6 oz Baked Tilapia with Lemon Sauce - 4 oz Carrots - ½ c Potato Kugel - ½ c Bread/Margarine - 1 ea Fruit cocktail - ½ c Milk- 8 oz Coffee - 8 oz	Baked Potato Soup- 6 oz Cheese Lasagna Roll Up - 6 oz Wax Beans - ½ c Garlic Bread - 1 slice Margarine - 1 ea Chocolate Cake - 1 slice Milk - 8 oz Coffee - 8 oz	Split Pea Soup - 6 oz Fried Cheese Potato Pierogies - 3 Onions - ½ c Sour Cream - 2 oz Italian Mixed Veggies - ½ c Bread/ Margarine-1 each Creamsicle Fluff - ½ c Milk- 8 oz Coffee - 8 oz	Tomato Soup-6 oz Italian Baked Ziti - 6 oz Zucchini - ½ c Garlic Bread - 1 slice Peach Tart - 1 ea Milk- 8 oz Coffee - 8 oz	Cream of Celery Soup - 6 oz Cheesy Orzo Stuffed Pepper - 6 oz Vegetable Medley - ½ c Bread/Margarine - 1 ea GWH Chocolate Chip Cookies - 2 ea Milk- 8 oz Coffee - 8 oz	Chopped Liver - 2 oz Chicken Noodle Soup - 6 oz Hot Open Turkey Sandwich - 4 oz mixed Vegetables - ½ c Mashed Potato - 1/2 Challah /Margarine - 1 ea Cinnamon Babka - ½ c Tea - 8 oz	Cream of Broccoli Soup - 6 oz Veg Chicken Parm - 4 oz Seashell pasta w/Italian spice - ½ c Spinach - ½ c Garlic bread - 1 ea Cupcake - 1 ea Milk- 8 oz Coffee - 8 oz
Alternate 1	Mushroom Quiche - 1 sl Potato Kugel - ½ c	Challah French Toast Casserole - 6 oz Syrup - 1 PC Sausage Patty - 1 ea Mandarin oranges - ½ c	Salmon w/ Dill sauce - 4 oz Rice pilaf: ½ c Italian Mixed Veggies - ½ c	Sea Leg Platter - ½ c Lettuce/Tomato - 2 sl Potato salad - ½ c Fresh Fruit - 1 serving	Spinach Salad (2 cups) with Deviled Egg (2 halves) Mushrooms and Tomatoes Fresh Strawberries - ½ c	Baked Fish Mixed Vegetables - ½ c Mashed Potatoes - ½ c	Lox and Bagel Platter - 2 oz Lettuce/Tomato/Onion Bagel or Soft Roll - 1 ea Cream Cheese 1 oz/Margarine - 1

*Alternate Selections will receive appetizers and desserts as outlined on the House Selection *Menu updated 9/1/2020