

February 2012

Dear Family Members,

February has 29 days this year. Known as a leap day, this occurs in years that are evenly divisible by 4, such as 2004, 2008, and 2012. But what makes February 29<sup>th</sup> notable is that there is an interesting tradition that dates as far back as the 13<sup>th</sup> century. Leap days, according to folk traditions, were the only times that women could propose marriage to men. This custom was called “The Ladies Privilege”. You have to remember that relationships between the sexes used to be much more formal, with each gender being expected to adhere to its assigned roles. Men proposed to women, not the other way around. Because leap days were seen as unusual events that disturbed an otherwise orderly progression of calendar days, it was considered okay then for women to reverse the proposal rules on a leap day. (There is also a “Sadie Hawkins Day” that occurs in November where the ladies can again pursue the men.) So watch out guys! And my final word on this topic – how about Zsa Zsa Gabor who proposed to every one of her *nine* husbands. She said –“A woman has to make up a man’s mind.” And she didn’t care what day it was!



The 2012 winter forecast for February, according to the Farmers’ Almanac, states that conditions are going to be wetter than normal. The Almanac calls it “Clime and Punishment,” meaning some parts of the United States will see a very frigid winter, while others can expect lots of rain and snow. The Northern Plains, parts of the Northern Rockies, and the Western Great Lakes can expect a very cold winter, while the southern and eastern United States are expected to see above-average temperatures.



Don’t forget Super Bowl Sunday on February 5<sup>th</sup>. This year the Giants are again going head to head with the New England Patriots. Remember 2008? The Giants ruined New England’s *perfect* season in Super Bowl XLII. That 17-14 victory over the 18-0 Patriots still stings in New England. So it should be a good game!



Tu B'Shevat, the 15th day of the Jewish month of Shevat, is a holiday also known as the New Year for Trees. This year the holiday begins at sunset February 7<sup>th</sup> and ends at nightfall February 8<sup>th</sup>. A custom on this holiday is to eat a new fruit or to eat from the Seven Species (Shivat Haminim) described in the Bible as being abundant in the land of Israel. The Shivat Haminim are: wheat, barley, grapes (vines), figs, pomegranates, olives and dates (honey) (Deut. 8:8). You can make a nice vegetarian pilaf from the Shivat Haminim: a bed of cooked bulgur wheat or wheat berries and barley, topped with figs, dates, raisins (grapes), and pomegranate seeds, served with a dressing of olive oil, balsamic vinegar (grapes) and pomegranate juice.



Help! We need volunteers for the Greenwood House gift shop. If interested, please call Shelli Piccinini at 267-901-7152.

Two reminders! The Hamantashen cookie flyer is enclosed as well as the Sweethearts Day flyer. The deadline for ordering carnations for Sweethearts Day is February 3<sup>rd</sup> and ordering Hamantashen cookies, February 24<sup>th</sup>. So don’t delay! One is fun and one is yum.



From all of us here at Greenwood House, we wish you good health, peace, and another reminder: there are only 49 more days till spring!

**Deborah Hunter Assistant Executive Director**

**FROM THE DESK OF LAURINA KULIGOWSKI: DIRECTOR OF ACTIVITIES**

**THEME: LEAPING INTO FEBRUARY WITH CHERUBS AND CHOCOLATES**

**GREENWOOD HOUSE**

February 2<sup>nd</sup> @ 2:30 PM: Creative Arts – Poetry (New Enrichment Program)

February 3<sup>rd</sup> @ 2:30 PM: Arts of the Masters

February 5<sup>th</sup> @ 2:00 PM: Entertainer: Tom Tolnay

**TRAVELOGUE ON THE BIG SCREEN: New Enrichment Program**

**AMERICA BY RAIL TRAVEL ACROSS THE US ALONG THE COUNTRY'S MOST BEAUTIFUL RAILWAYS: THE WEST COAST, THE HEARTLAND: ROUTE OF THE SOUTHWEST CHIEF: COLORADO SCENIC TRAIN RIDES: WINTER WONDERLAND**

February 8<sup>th</sup> Wednesday @ 1:45 PM: America by Rail - Come and Travel to the West Coast

February 8<sup>th</sup> @ 2:45 PM: Table Games - Horse Racing, Bowling, Shuffle Board

February 8<sup>th</sup> @ 3:30 PM: Entertainer - Computer Brain Tech

February 9<sup>th</sup> @ 2:15 PM: Ethnic Program - Salute to Holland Day Social!

February 10<sup>th</sup> @ 10:15 AM: Luncheon Trip - TBA

February 12<sup>th</sup> @ 2:30 PM: Entertainer - Frank Sambuco

**WEEK OF FEBRUARY 13<sup>th</sup> THRU THE 17<sup>th</sup>: WINTER OLYMPICS COMPETITION BEGINS. JOIN US!**

February 13<sup>th</sup> @ 11:00 AM: Wheel Chair Race Olympics Competition

February 14<sup>th</sup> @ 11:00 AM: Name That Chocolate Bar Winter Olympics

February 14<sup>th</sup> @ 12-1:00 PM: Special Sweet Hearts Day Entertainer

February 15<sup>th</sup> @ 1:45 PM: America by Rail: The Heart Land

February 15<sup>th</sup> @ 2:30 PM: Darts Winter Olympics Competition

February 15<sup>th</sup> @ 3:30 PM: Name as Many Countries as You Can/Math Olympics

February 16<sup>th</sup> @ 11:00 AM: Winter Skiing Olympics Competition

February 16<sup>th</sup> @ 2:30 PM: Build A Snowman Olympics Competition

February 16<sup>th</sup> @ 3:30 PM: Know Your Presidents and Hermit Crab Race Olympics

February 17<sup>th</sup> @ 2:00 PM: Winter Olympics Recognition Finale Social!

February 19<sup>th</sup> @ 2:30 PM: Entertainer - Kirk Mauer

February 23<sup>rd</sup> @ 2:30 PM: Paint A Treasure Ceramics Class

February 26<sup>th</sup> @ 2:30 PM: Monthly Birthday Celebration w/ Entertainer Miky Jr.

**ABRAMS**

February 6<sup>th</sup> @ 1:00 PM: Trip to Your Requested Store: CVS or Dollar Tree

February 7<sup>th</sup> @ 2:30 PM: Creative Arts/ Sweethearts Day Crafts

February 16<sup>th</sup> @ 2:30 PM: Monthly Birthday Celebration Entertainer: Jerry Spathis

**WEEK OF FEBRUARY 20<sup>th</sup> THRU THE 24<sup>th</sup> - WINTER OLYMPICS COMPETITION BEGINS. JOIN US!**

February 20<sup>th</sup> @ 2:30 PM: Name as Many Countries as You Can/Math Olympics

February 21<sup>st</sup> @ 11:00 AM: Winter Skiing Olympics Competition

February 21<sup>st</sup> @ 2:30 PM: Travelogue with Sheldon

February 22<sup>nd</sup> @ 2:30 PM: Know Your Presidents and Hermit Crab Race Olympics Competition

February 23<sup>rd</sup> @ 2:30 PM: History Trivia Competition and Build A Snowman Olympics

February 24<sup>th</sup> @ 2:00 Winter Olympics Recognition Finale Social!

**TRAVEL ACROSS THE GLOBE ALONG THE WORLD'S MOST BEAUTIFUL RAILWAYS!**

**CHINA STEAM: THE EAST, NORTH, CENTRAL AND SOUTH AMERICA: THE FAR EAST AND**

**AUSTRALIA: BRITAIN AND WESTERN EUROPE: EASTERN EUROPE AND AFRICA**

February 27<sup>th</sup> @ 2:30 PM: Travel Across the Globe along the World's Most Beautiful Railways: Britain and Western Europe

February 28<sup>th</sup> @ 2:30 PM: Travel across the Globe along the World's Most Beautiful Railways: Far East and Australia

February 28<sup>th</sup> @ 12:00 Luncheon Trip: Houlihans

**Skype** Monday - Thursday 4:30-5pm or 6:30 pm-7: Call Laurina in advance @ 609 883-5391 after 3:30 PM.

**Skype** Sunday time slots 2-4:30pm. Call Activities @ 609 883-5391

**Activities Request: We are Collecting Empty Soda Bottles with the Cap:**

**(Needed for resident's adaptation exercises).**

**There will be a green basket in the lunchroom - please drop your bottles in the basket.**